

If Momma came back.

Momma won't put us in dark places
or let men hurt us or tell us our arms
are gonna be pulled off
and we will be beat with the bloody ends.

Momma will smile when we look at her,
momma won't pull our teeth with a rag and make us hurt.
Momma won't put pee in our ears and make our ears go deaf.
Momma won't kick us or slap us
or give us hurts in our eyes.
Momma won't put lye soap in our mouth
and make us get sores in it so we can't swallow.
Momma won't put tooth ache medicine on our bottom
or put soap on our raw bottom and burn us
till we cry
and momma won't give us worms inside
and feed us sugar so we feel like we will explode.
I want my momma to love me and I don't like alone.

10 yr old Insider of an ritual abuse-torture Survivor

Donated December 7, 2003