

“Mary’s Face”

I will try to explain what my picture means.

The inner purple part is me, Mary, as I saw myself when I made this picture.

The brown part that comes next is Jane, the part that protected me and lived most of my life for me. The color is dark because of the way this part was. She lied a lot, and was very secretive.

The next part was made to take care of me, very wise, and with a lot of just plain common sense. This part used to call for help when another part was hurting herself; in order to save my physical life. I see this part as being kind. I named this part Xxxxx Xxxxx; which was the name that I was born with. She named me Mary; now this is a bit more complicated to explain, because I don't know what this part was thinking.

The outer part was named Janie; my spirit. Always outgoing and wanting to be free; a little too free at times. This part has caused me endless trouble; but at the same time had a lot of fun. The color yellow fits this part for being a spirit.

The snake part is the soul; the part of all of us that knows who we are, and where we came from, and why. I'm not allowed to explain why it looks like a snake because being evil has nothing to do with it.

This picture was made in October of 2002, when I first was able to be here. I had to change my legal name from Xxx Xxxxx to Mary Jane. So I could live and get myself together as much as possible. All this came from sexual abuse over years. I had seven parts at one time; this abuse took place from 3 yrs old to 14 yrs. It involved mostly my uncle and father; although there were a couple other also, unfortunately. I thank-you again for your interest in my picture, and this is the best that I can do in explaining it.

I am sending a picture of the way I saw myself last year, today I feel that I am somewhat better. This picture that I drew came from the way I see the other parts of me and where they are. I have been in therapy for 18 years now, and pretty much have myself together.

... Mary J. M.

