

NORMAL VICTIMIZATION AND TRAUMATIZATION RESPONSES

Persons so harmed suffer intense responses. These can be a blend of present-day coping strategies, childhood survival skills, re-experiencing of RAT victimization, & accumulating traumatic stress responses. Some common responses:

Behavioral & physical responses:

eating/sleeping problems nausea diarrhea fatigue neck/back/chest/body pain flu-like symptoms allergies/asthma headaches dizziness vaginal bleeding floating feelings seizure-like attacks panic attacks getting lost Self-harming habits re-enactments in perpetual crisis

Emotional responses:

fear, anxiety, panic, terror, or horror attacks terrifying nightmares feeling zombie-like mood swings being/feeling unheard & misunderstood feeling/being suicidal terrified one is/has evil within

Mind-spirit responses:

memory & time lapses concentration & decision-making difficulties confusion difficulties with life skills, i.e. dressing, cooking, & eating hearing voices in one's head flashbacks mind-body memories fear of losing one's mind, being crazy, or losing touch with reality perceiving one's Self as a head without a body, an "it" hopelessness/despair/without purpose

Social connections & relationships

Difficulty trusting withdrawing irritability language & communication barriers personal boundary confusion distortions about relationships & worldview

change is distressful feeling unsafe, uncertain, & on-guard overwhelmed unable to cope with work on disability

Resources

1. Banks, A. (2001). *Post-traumatic stress disorder relationships & brain chemistry*. Wellesley, MA: Stone Centre.
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3. Childs-Gowell, E. (1992). *Good grief rituals*. New York: Station Hill.
5. Coates, D. (Various dates). Ritual abuse articles. Education Wife Assault, 427 Bloor Street West, Toronto, ON, M5S 1X7.
6. Herman, J. (1992). *Trauma and recovery*. New York: BasicBooks.
7. Marron, K. (1988). *Ritual abuse: Canada's most infamous trial on child abuse*. Toronto: Seal Books.
8. National Clearinghouse on Family Violence. I-800-267-1291.
9. Oksana, C. (1994). *Safe passage to healing a guide for survivors of ritual abuse*. New York: HarperPerennial.
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11. Sakheim, D. , & Devine, S. (1992). *Out of darkness exploring satanism & ritual abuse*. Toronto: Maxwell Macmillan.

Links:

www.aches-mc.org www.mrlight.org
<http://members.aol.com/smartnews/index2.html>
www.survivorship.org

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RITUAL ABUSE- TORTURE (RAT)

DEFINING & SHARING INFORMATION ABOUT RAT

RITUAL ABUSE-TORTURE (RAT) IS DEFINED AS:

Intentionally planned and organized kin and/or non-kin brutal group ritualisms; acts of human evil that terrify and horrify; acts of pedophilic, physical, sexualized, and mind-spirit tortures; acts that can include modern day slavery (pornography, trafficking, sexualized and labor-intensive exploitation); acts that cause life-threatening torment; acts that distort beliefs and values, thoughts, emotions, perceptions, behaviors, and world-view of the victimized person; dehumanizing and despiritualizing acts that have the capacity to destroy the personality of the infant, toddler, child, youth or “captive” adult victim; actions of a co-culture that can be inter-connected regionally, nationality, internationally, and transnationally; and, are criminal acts that are a violation of the victimized person’s human rights.

A HUMAN RIGHTS VIOLATION:

The World Conference on Human Rights emphasizes that one of the most atrocious violations against human dignity is the act of torture, the result of which destroys the dignity & impairs the capability of the victimized to continue their lives & their activities (Vienna, June 14-25, 1993). RAT violates the infant, toddler, child, youth, or adult victim’s human rights.

PREVALENCE

Ritual abuse-torture has been reported in every region of Canada; however, no statistics are presently collected in Canada (Canadian Panel on Violence Against Women. (1993). *Changing the Landscape: Ending violence ~ Achieving*

Equality (pp. 45-47). Ottawa: Minister of Supply and Services Canada). Literature indicates RAT is a transnational crime involving perpetrators in countries such as the United States, Australia, Great Britain, and Europe.

RELATIONSHIPS INVOLVING RITUAL ABUSE-TORTURE (RAT)

RAT begins as intentional victimization of the infant, toddler, or child by adults within the adult-child relationship. RAT victimization can continue to include “captive” youth & adults. These like-minded RAT torturers can be inter-connected regionally, nationally, internationally, & transnationally.

RAT is family/group organized violence structured into brutal ritual dramas involving all forms of torture:

Pedophilic torture, which begins & ends at an age desirable to the RAT pedophile. Pedophilic torture can begin with infants.

Physical tortures which cause extreme & excruciating pain, fear & terror of being killed, extreme exhaustion, &/or permanent loss, disability, &/or disfigurement.

Sexualized torture i.e., using objects &/or animals, forced nakedness, & group rapes.

Mind-spirit torture causes torment & distorts beliefs & values, thoughts, emotions, perceptions, behaviors, & worldview. Schooling normalizes human evil beliefs & actions into family/group “rituals & ceremonies” using ritual drama—magic, symbols, & connotations of all-powerful figureheads. Programming via mind-altering drugging, hypnosis, mind-control, trained dissociation,

humiliation, degradation, objectification, inhumane experimentation, & dehumanization, are other examples. **Exploitation** into the pornography, “sex” &/or drug trade, &/or into forced physical labor with employment salaries taken.

Terrorization using life-threatening acts, sham or actual, that create intense paralyzing fear in their victims, forcing victims to engage in the atrocities RAT perpetrators demand of them.

Horrorification occurs with enforced exposure to horrific, inhumane sham/real acts, i.e., killing of animals, fetus, or a person □ necrophilism □ Self-cutting as blood ritualism □ Self-sacrifice (suicide) □ bestiality. Forced involvement in such horrific sham/real acts can imprison victim(s) in silence, blame, guilt, shame, Self-hatred, & mind-spirit distortions with or without a sense of evilism anxiety, evilism fear &/or terror.

Daily abuse is the reality for victims trapped within RAT family/groups.

WHY DO PERPETRATORS DO WHAT THEY DO?

- ▶ To dominate by inflicting totalitarian power & control & to terrify the victim into silence which protects perpetrators;
- ▶ To satisfy their needs & desires for cruel & inhumane pleasure & entertainment; &/or,
- ▶ For greed & profit by engaging in the exploitation of their victim(s).

WHO ARE THE PERPETRATORS?

Like-minded persons from all walks of life—men & women, mothers & fathers, other kin, friends or neighbors; the clergy, professional, or lay person;, & persons who use positional power as a cover.