



### **The Tactic of the “professional” as perpetrator**

Sara drew this picture to depict one of her ordeals she reported enduring within a health care institution. During Sara’s routine last-appointment-of-the-day with the therapist, Sara described being tied to the chair by the therapist, whom she believed was also connected to her RAT family/group, and forced to watch “sex” pornographic videos and the video on MPD. Sara stated she was terrified as she was forced to watch the MPD video as well as forced to listen to the therapist’s threat that viewing the video would force Sara to become multiple. The therapist, Sara reported, told her she would then be able to have Sara medicated and institutionalized. Sara reported how terrifying these ordeals were because she felt and thought she would become so emotionally and cognitively over-whelmed that she would go crazy or be forced to commit suicide.

Sara also stated that she had been told, since childhood, that no one would believe her if she told about her RAT family/group so she also believed no one would believe her if she told on the therapist. But Sara did try to tell and to have others listen to her allegations. When she told she was basically ignored, dismissed, lied to, or her reported allegations were covered up.

### **... Sara, a Canadian survivor of RAT**

A participant of our kitchen table research project, 1998